



**BUILD SELF-CONFIDENCE
DEVELOP SKILLS FOR SELF DEFENSE
AGES 5 AND UP
AFFORDABLE – ONLY \$10 PER LESSON
OPTION TO PAY WEEKLY**



Starts Wednesday August 23, 2023 - 14 Weeks
Waynesboro Moose Lodge #1309
481 Hopeman Pkwy. Waynesboro, VA 22980
Registration through first 3 weeks
Aug 23, Aug 30, Sep 06

CLASS TIMES:
6:30 - 7:10 PM White Belts Beginners (Ages 5-up)
7:15 - 7:55 PM Yellow Belts and Above (Ages 5-up)
8:00 - 8:45 PM Adult Classes (Ages 16-Adult)

Classes meet every Wednesday night
Classes may be combined depending on registration numbers

For additional information:
Web: www.aimusainc.com
Phone: 804-372-3331

To Register



Scan Me!



CAN'T MAKE THE FIRST DAY? New students accepted through the third week of classes.

REGISTRATION - Visit www.aimusainc.com.

(All registrations must be completed online prior to attending)
PAYMENT OPTIONS - PAY IN FULL 14 WEEKS = \$155 - saves \$5 on registration fee

PAY BY THE WEEK = \$20 registration fee + \$10 class fee = \$30 first week and \$10 each week after. - Autopay

ATTIRE - Students may wear gym clothes. Uniforms are available online
NO REFUNDS

- ◆ Help keep your kids safe!
- ◆ Program emphasizes safety awareness.
- ◆ Designed for self-defense only.
- ◆ Taught by a certified black belt.
- ◆ Beginner classes allow no physical contact.
- ◆ Beginner students progress to yellow belts.
- ◆ Returning students advance to higher belt levels.
- ◆ Goal orientation allows students to earn certificates and medals.

PLEASE NOTE - If schools are closed due to weather or holidays, class/registration will also be closed and will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations and weekly check-in receive a 50% discount on class fees. No refunds. Please see or contact the instructor prior to class for more information. Questions? Visit us at WWW.AIMUSAINC.COM or call 804-372-3331