



NORGE SELF-DEFENSE CLASS CALENDAR Fall 2023

Class Times:

6:30-7:10pm Beginners ages 5-15
7:15-7:55pm Yellow Belts ages 5-15
8:00-8:40pm Orange Belts & above

Norge Self-Defense - Tuesdays

Class #1	10/17/2023
Class #2	10/24/2023
NO CLASSES	10/31/2023 11/07/2023
Class #3	11/14/2023
Class #4	11/21/2023
Class #5	11/28/2023
Class #6	12/05/2023
Class #7	12/12/2023
Class #8	12/19/2023
NO CLASSES	12/26/2023 01/02/2024
Class #9	01/09/2024
Class #10	01/16/2024
Class #11	01/23/2024 Testing
Class #12	01/30/2024