



**BUILD SELF-CONFIDENCE  
DEVELOP SKILLS FOR SELF DEFENSE  
AGES 5 AND UP  
AFFORDABLE – ONLY \$10 PER LESSON  
OPTION TO PAY WEEKLY**



**Starts Thursday February 8, 2024 - 12 Weeks  
Hollymead Elementary School  
2775 Powell Creek Drive, Charlottesville, VA 22911  
Registration through first 3 weeks  
Feb 8, Feb 15, Feb 22**

**CLASS TIMES:**

**6:45 - 7:25 PM White Belts Beginners (Ages 5-up)  
7:30 - 8:10 PM Yellow Belts and Above (Ages 5-up)  
8:15 - 8:55 PM Adult Classes (Ages 16-Adult)**

**Classes meet every Thursday night  
Classes may be combined depending on registration numbers**

**For additional information:**

**Web: [www.aimusainc.com](http://www.aimusainc.com)**

**Phone: 804-372-3331**

**To Register**



**Scan Me!**



**CAN'T MAKE THE FIRST DAY? New students accepted through the third week of classes.**

**REGISTRATION - Visit [www.aimusainc.com](http://www.aimusainc.com).**

**(All registrations must be completed online prior to attending)**

**PAYMENT OPTIONS - PAY IN FULL 12 WEEKS = \$135 - saves \$5 on registration fee**

**PAY BY THE WEEK = \$20 registration fee + \$10 class fee = \$30 first week and \$10 each week after. - Autopay**

**ATTIRE - Students may wear gym clothes. Uniforms are available online**

**NO REFUNDS**

**SCHOLARSHIPS AVAILABLE ONLINE**

- ◆ Help keep your kids safe!
- ◆ Program emphasizes safety awareness.
- ◆ Designed for self-defense only.
- ◆ Taught by a certified black belt.
- ◆ Beginner classes allow no physical contact.
- ◆ Beginner students progress to yellow belts.
- ◆ Returning students advance to higher belt levels.
- ◆ Goal orientation allows students to earn certificates and medals.

**PLEASE NOTE - IF SCHOOLS ARE CLOSED DUE TO WEATHER OR HOLIDAYS, CLASS/REGISTRATION WILL ALSO BE CLOSED AND WILL CONTINUE THE FOLLOWING WEEK. PERFECT ATTENDANCE IS REWARDED AND MISSED LESSONS MAY BE MADE UP. PARENTS HELPING WITH REGISTRATIONS AND WEEKLY CHECK-IN RECEIVE A 50% DISCOUNT ON CLASS FEES. ALBEMARLE COUNTY PUBLIC SCHOOLS DOES NOT DISCRIMINATE ON THE BASIS OF RACE, COLOR, RELIGION, NATIONAL ORIGIN, SEX, DISABILITY, AGE, PREGNANCY OR MARITAL STATUS IN ITS PROGRAMS AND ACTIVITIES. THE DIRECTOR OF HUMAN RESOURCES HAS BEEN DESIGNATED TO HANDLE ALL INQUIRIES REGARDING NON-DISCRIMINATION POLICIES. ADDRESS ANY INQUIRIES OR CONCERNS TO: DIRECTOR OF HUMAN RESOURCES, 401 MCINTIRE RD, CHARLOTTESVILLE, VA 22902**