

# AFFORDABLE AIM SUMMER CAMPS & CLINICS

(SEE BACK FOR SELF DEFENSE PROGRAM)



## ***YOUTH SELF DEFENSE CAMP***

Has your child expressed an interest in self defense? Why not enroll them in our Three day no commitment camp? Your child will learn basic stances, break away techniques, the proper way to "KIA" and play fun martial arts games. Beginners of all ages welcome. Advanced students may enroll to learn fun conditioning games and refine their skills.

Dates July 7th, 8th and 9th. 9am -12pm. Tuition \$54.00

## ***YOUTH CHEER CAMP***

Parents don't let your kids get bored or break your wallet this summer! Enroll them in our fun filled cheerleader camp! Your child will learn fun cheers, chants and games that they can share with their friends all summer long. Chances are they will teach you a cheer or two!

July 7th, 8th and 9th. 12:30pm-3:30pm Tuition \$54.00



## ***WOMEN'S SELF DEFENSE CLINIC***

Ladies, why not come on over to the A.I.M Headquarters to learn some practical self-defense? This three day course is taught by women for women. Be prepared to laugh, exercise and learn some potentially life saving techniques.

July 7th, 8th and 9th. 5pm-7 pm Tuition \$36.00

- ◆ Enroll in more than one program and save \$5.00 off the total tuition..
- ◆ Pay by Cash or Credit Card only. No refunds
- ◆ Enroll by calling 403-3902, or in person at AIM Headquarters 2434 New Dorset Circle. Powhatan, VA 23139 M-F 9:00 AM-4:00 PM
- ◆ Wear comfortable clothes. Bring a water bottle and snack. Classes size is limited. When classes fill you may be put on the waiting list .
- ◆ Questions??? Email [info@aimusainc.com](mailto:info@aimusainc.com) or visit [aimusaonline.org](http://aimusaonline.org)

*AIM USA is publicly supported non-profit organization # 54-1831343.*

*AIM USA is not affiliated with Powhatan County Schools*