



What to do when a Stranger says...“Hello”?



★PARENTS: PLEASE REVIEW WITH YOUR CHILD★

- If you are in a public place, and you get separated from your parents, don't wander around looking for them. Go to a checkout counter, the security office, or the lost and found and quickly tell the person in charge that you have lost your parents and need help in finding them.
- You should not get into a car or go anywhere with any person....unless your parents have told you it is okay.
- If someone follows you on foot or in a car, stay away from him or her. You don't need to go near the car to talk to the people inside.
- Be wary of adults asking children for help or assistance (asking directions, looking for a “lost puppy”, ect.). *They should be asking other adults.*
- Be wary of a stranger telling you that your mother or father is in trouble and that he will take you to them.
- If someone tries to take you somewhere, quickly get away from him (or her) and yell or scream. “This man is trying to take me away” or “This person is not my father (or Mother)”
- You should try to use the “buddy system” and never go places alone.
- Always ask your parent's permission to leave the yard or play area or to go into someone's home.
- Never hitchhike or try to get a ride home with anyone unless your parents have told you it is okay to ride with him or her.
- No one should ask you to keep a special secret. If he or she does, tell your parents or teacher.
- If someone wants to take your picture, tell him or her **NO** and tell your parents or teacher.
- You can be assertive, and you have the right to say No to someone who tries to take you somewhere, touches you, or makes you feel uncomfortable in any way.

Athletes In Motion

Self-Defense & Cheer Programs
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