



# AIM USA SPARRING CLINIC

2434 NEW DORSET CIRCLE POWHATAN, VA. 23139  
1-804-403-3902



Sparring is a fundamental element of self-defense training and will be utilized throughout a student's promotion through the ranks. Get a head start on your sparring techniques or refine your existing skills with this special clinic dedicated to sparring. All Students ages 6 & up are invited to attend.



**All students who complete the sparring clinic will be awarded a trophy that is over 1 foot tall! In addition students with perfect attendance will receive a medal.**



**Instructor:** Judy Phillips---16 years of teaching experience--3rd dan in Shorin Ryu, 2nd dan in Tae Kwon Do and 1st dan in Kabudo.

**Registration:** Please call 1-800-323-3755 or email [info@aimusainc.com](mailto:info@aimusainc.com) (subject line "sparring clinic") by **Friday, July 10<sup>TH</sup> 2009** to reserve your spot.

**Location:** AIM Headquarters 2434 New Dorset Circle Powhatan Va. 23139

**Start Date:** Wednesday, July 15<sup>TH</sup> 2009. Class meets every Wednesday for 6 weeks

**Time:** 6:30 PM – 7:25 PM All Students age 6 and up

## COST OPTIONS

**PAY BY THE WEEK = ★★ NO REGISTRATION FEE, SAVE \$13.00 ★★ ONLY \$7.00 PER WEEK!**  
**PAY IN FULL 6 WEEKS = \$35.00** Includes \$7 discount.

Sparring Gear is required. Participants will need Spar Pack, Mouth Piece, and Groin Protection (Male Only). These items will be available at class or you may order on line at <http://stores.aimusainc.com/>

Spar Pack – Cost \$35.00 Sizes Small, Med, Large, X-Large

Mouth Piece – Cost \$6.00 Sizes Child, Adult

Groin Cup – Cost \$10.00 Sizes Jr Med, Jr Lg, Ad Sm Ad Med

**Directions:** Take Rt. 288 to Rt. 60 Midlothian Turnpike West towards Powhatan. Travel Approximately 7 miles on Rt 60. Go through the Judes Ferry Rd Stoplight ("Bank Of Powhatan" on Right). Take Next Left onto New Dorset Rd. Pass the "Children's Academy" on Right, and Take First Right onto New Dorset Circle. We are the second building on the right next to Dixons Auction. AIM Head Quarters 2434 New Dorset Circle Powhatan Va. 23139.



If classes are canceled due to weather or holidays, class / registration will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations & weekly check-in receive 57% discount on class fees. If you are willing to help or need additional information, please call 804-403-3902 or visit our web site at <http://www.aimusainc.com>