



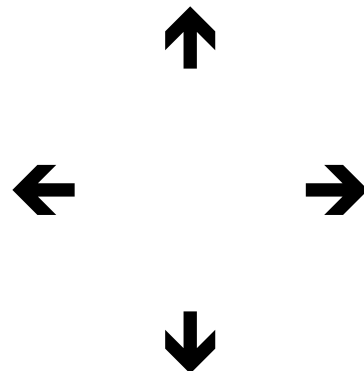
AIM USA PURPLE BELT AND ABOVE FORMS EVENT



Through the advanced belt levels (Purple & Above) Students Should be creating their own individual forms and / or learning forms taught in class. If you are unsure of appropriate techniques, please consult your instructor. It is recommended that students move in all 4 directions - Front - Back - Left - Right

Students will be judged on:

- 1) Good Form (Technique)
- 2) Creativeness
- 2) Coordination & Balance
- 3) Focus
- 4) Speed
- 5) Power
- 6) Kiai



Each student will be asked to perform:

Purple Belts - Approximately 14 - 16 Moves (30 Seconds)

Green Belts - Approximately 16 - 18 Moves (30 Seconds)

Blue Belts - Approximately 18 - 20 Moves (30 Seconds)

Red Belts - Approximately 18 - 20 Moves (30 Seconds)

Brown & Black Belts - Approximately 20 - 25 Moves (30 Seconds)