



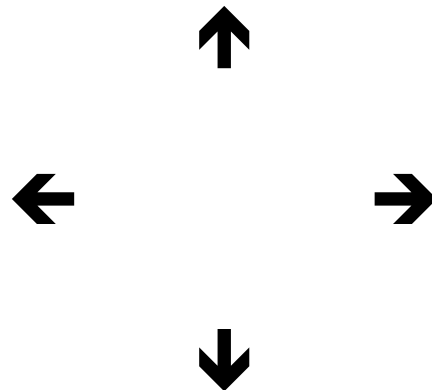
AIM USA PURPLE BELT AND ABOVE FORMS EVENT



Through the advanced belt levels (Purple & Above) Students Should be creating their own individual forms. These forms must consist of AIM USA techniques only. If you are unsure of appropriate techniques, please consult your instructor. It is recommended that students move in all 4 directions – Front – Back – Left - Right

Students will be judged on:

- 1) Good Form (Technique)
- 2) Creativeness
- 2) Coordination & Balance
- 3) Focus
- 4) Speed
- 5) Power
- 6) Kiai



Each student will be asked to perform:

Purple Belts - Approximately 14 – 16 Moves (30 Seconds)

Green Belts - Approximately 16 – 18 Moves (30 Seconds)

Blue Belts - Approximately 18 – 20 Moves (30 Seconds)

Red Belts - Approximately 18 – 20 Moves (30 Seconds)

Brown Belts - Approximately 20 – 25 Moves (30 Seconds)