



NORGE SELF-DEFENSE CLASS CALENDAR Spring 2025

Class Times:

6:30-7:10pm Beginners ages 5-15
7:15-7:55pm Yellow Belts ages 5-15
8:00-8:40pm Orange Belts & above

Norge Self-Defense - Tuesdays

Class #1	02/11/2025
Class #2	02/18/2025
Class #3	02/25/2025
Class #4	03/04/2025
Class #5	03/11/2025
Class #6	03/18/2025
Class #7	03/25/2025
Class #8	04/01/2025
No Class	04/08/2025 Spring Break
Class #9	04/15/2025
Class #10	04/22/2025
Class #11	04/29/2025 Testing for next Rank
Class #12	05/06/2025
Tournament date to be announced	