



AFFORDABLE AIM USA SAFETY AWARENESS AND SELF DEFENSE CLASSES STARTING SOON!



BUILD SELF-CONFIDENCE
DEVELOP SKILLS FOR SELF-DEFENSE

AGES 5 & UP HAVE FUN!
ONLY \$10 PER LESSON
OPTION TO PAY WEEKLY

New classes starting Thursday, September 30, 2021

- Help keep your kids safe!
- Program emphasizes **safety awareness**
- Designed for **self-defense** purposes only.
- Taught by a **certified black belt**
- Beginner classes allow no physical contact.
- Beginner students' progress to yellow belts.
- Returning students advance to higher belt levels.
- Goal orientation allows students to earn **certificates and medals**.

New students accepted through the third week of classes.

Registration dates are 09/30/2021, 10/07/2021, 10/14/2021

Located at the Agnor-Hurt Elementary, 3201 Bernmar Dr., Charlottesville, VA 22901

Classes meet once a week for 12 weeks.

Classes Times: Thursdays

Classes Times: Please arrive 15 minutes early.

6:30 – 7:10 PM White & Yellow Belts Ages 5-up

7:15 – 7:55 PM Orange Belts & Above Ages 5-up

**8:00 – 8:45 PM Adult Classes - Ages 16 to Adult
(parents & children may participate together)**

REGISTER - online www.aimusainc.com

PAYMENT OPTIONS -

**PAY IN FULL 12 WEEKS = \$135
(saves \$5 on registration fee)**

**PAY BY THE WEEK = \$20 registration fee + \$10
class fee = \$30 first week and \$10 each week
after.**

**ATTIRE - Students may wear gym clothes. Uniforms
are available for order at class.**

PLEASE NOTE - If schools are closed due to weather or holidays, class/registration will also be closed and will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up.

NO REFUNDS! Please see the instructor the night of registration for more information.

Questions? Visit us at www.aimusainc.com or call 804-372-3331

Albemarle County Public Schools does not discriminate on the basis of race, color, religion, national origin, sex, disability, age, pregnancy or marital status in its programs and activities. The Director of Human Resources has been designated to handle all Inquiries regarding non-discrimination policies. Address any inquiries or concerns to: Director of Human Resources, 401 McIntire Rd, Charlottesville, VA 22902