

AIM USA COVID Mitigation Protocols 2021

Conduct class screenings (completed by parents/guardians and/or coaches) for the duration of the season. Screenings should include the following questions:

1. Is the participant currently experiencing fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever?
2. Is the participant currently experiencing a new cough that cannot be attributed to another health condition?
3. Is the participant currently experiencing new shortness of breath that cannot be attributed to another health condition?
4. Is the participant currently experiencing new chills that cannot be attributed to another health condition?
5. Is the participant currently experiencing a new sore throat that cannot be attributed to another health condition?
6. Is the participant currently experiencing new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise)?
7. Is anyone in the participant's household sick with any COVID-19 symptoms?
8. Has the participant had contact with anyone, including household members, who has tested positive for COVID-19 in the last 14 days?

If a participant answers "yes" to any of the questions above at any time before or during the activity, he/she will not be allowed to attend the activity and must stay home. The participant or his/her parent or guardian should immediately notify their respective coach, league, or association that the participant will not be attending because of illness.

Reporting COVID-19 cases and exposures as defined below, per COVID REPORTING PROCEDURES.

Positive Case or Related Illness: Positive COVID-19 test results or COVID symptoms

Close Contact Exposures: Being within six-feet of a person who has COVID-19 for a total of 15 minutes or more over a 24-hour period, OR

- Having direct exposure to respiratory secretions (e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing), or
- Caring for, or living with, a person who has COVID-19

COVID REPORTING PROCEDURES

If a participant (player, coach, parent, official, spectator) or someone in his or her household exhibits COVID-19 symptoms or has a close contact exposure to someone experiencing symptoms or who has tested positive, the league/group representative should:

Report the issue immediately to facility contact person or agency and additionally, based on the Quarantine Requirements, players, coaches, parents of participants, should be notified.

The following information should be included with notifications and reporting:

- Name of association
- Name of group or age level (example flag or minor)
- Date of positive case or possible close contact exposure
- Date of last practice
- Location of last practice
- Other possible close contacts
- What/if any steps has the infected player taken

All reported documentation is kept on file for future contact tracing if needed. FOR PRIVACY PURPOSES, PLEASE DO NOT LIST PARTICIPANTS NAME. Please state, “a participant on this team has . . .”

- Parents are responsible for reporting positive cases or possible exposures to their child’s respective school.
- The Health Department is automatically notified of any COVID-19 positive test conducted by a healthcare professional or in a medical office.
- Ensure that participants who test positive for COVID-19 follow any applicable league requirements and refrain from participation in practices, games, etc. until proper quarantine period is over.
- All COVID-19 positive cases and close contacts are required to participate in, and comply with, any instructions provided by VDH during and because of contact tracing.

Teams are asked to monitor and report any changes to participant’s test results. Leagues/Associations may abide by stricter rules if they so choose regarding having a negative PCR test before players return, quarantine timeframes, etc.

Outdoor settings are generally safer than indoors. In outdoor school settings, VDH recommends those who are not fully vaccinated wear a mask in crowded outdoor settings or during outdoor activities that involve sustained close contact with other people.