

AFFORDABLE AIM USA SAFETY AWARENESS AND SELF DEFENSE CLASSES STARTING SOON!

New classes starting Thursday October 3, 2019

- Help keep your kids safe!
- Program emphasizes safety awareness
- Designed for self-defense purposes only.
- Taught by a certified black belt
- Beginner classes allow no physical contact.
- Beginner students progress to yellow belts.
- Returning students advance to higher belt levels.
- Goal orientation allows students to earn certificates and medals.



New students accepted through the third week of classes.

Registration dates: 10/03/2019, 10/10/2019, 10/17/2019

Located at the Agnor-Hurt Elementary, 3201 Berkmar Dr., Charlottesville, VA 22901

Classes meet once a week for 14 weeks.

Classes Times: Thursdays

Classes Times: Please arrive 15 minutes early.

6:30 – 7:10 PM White & Yellow Belts - Ages 5-up

7:15 – 7:55 PM Orange Belts & Above - all ages

**8:00 – 8:45 PM Adult Classes - Ages 16 & above
(parents & children may participate together)**



Questions?

Visit us at

www.aimusainc.com

or call 804-372-3331

REGISTER - online www.aimusainc.com

PAYMENT OPTIONS –

PAY IN FULL 14 WEEKS = \$129

(saves \$5 on registration fee)

PAY BY THE WEEK = \$22 registration fee + \$8 class fee =
\$30 first week and \$8 each week after.

ATTIRE – Students may wear gym clothes. Uniforms are available
for order at class.

**DEVELOP SKILLS
FOR SELF-DEFENSE
DEVELOP
SELF-DISCIPLINE
LEARN TO DEAL
WITH AGGRESSIVE
BEHAVIORS**

PLEASE NOTE – If schools are closed due to weather or holidays, class/registration will also be closed and will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations and weekly check-in receive a 50% discount on class fees. No refunds! Please see the instructor the night of registration for more information.

Albemarle County Public Schools does not discriminate on the basis of race, color, religion, national origin, sex, disability, age, pregnancy or marital status in its programs and activities. The Director of Human Resources has been designated to handle all inquiries regarding non-discrimination policies.

Address any inquiries or concerns to: Director of Human Resources, 401 McIntire Rd, Charlottesville, VA 22902

**BUILD
CONFIDENCE
LEARN
SC
CONTROL**