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**BUILD SELF-CONFIDENCE
DEVELOP SKILLS FOR SELF DEFENSE
AGES 5 AND UP
AFFORDABLE – ONLY \$10 PER LESSON
OPTION TO PAY WEEKLY**



**FOUR LOCATIONS TO CHOOSE FROM !!
EACH LOCATION MEETS ONCE A WEEK
12 WEEK SESSION**

Old Hundred Elementary

Starts Monday, February 3, 2025 - 12 Weeks
1501 Old Hundred Rd.
Midlothian, VA 23114

O.B Gates Elementary

Starts Tuesday, February 25, 2025 - 12 Weeks
10001 Courthouse Rd.
Chesterfield, VA 23832

Winterpock Elementary

Starts Thursday, February 20, 2025 - 12 Weeks
9000 Elementary Way Loop
Chesterfield, VA 23832

Chalkley Elementary

Starts Thursday, February 13, 2025 - 12 Weeks
3301 Turner Rd.
Chesterfield, VA 23832



To Register



Scan Me!

CLASS TIMES:

6:30 - 7:10 PM

7:15 - 7:55 PM

8:00 - 8:40 PM

White Belts Ages 5- 15

Yellow Belts

Orange Belts and Above

Classes may be combined or divided, depending on registration numbers

For additional information:

Web: www.aimusainc.com

Phone: 804-372-3331

CAN'T MAKE THE FIRST DAY? New students accepted through the third week of classes.

REGISTRATION - Visit www.aimusainc.com.

(All registrations must be completed online prior to attending)

PAYMENT OPTIONS - PAY IN FULL 12 WEEKS = \$135 - saves \$5 on registration fee

PAY BY THE WEEK = \$20 registration fee + \$10 class fee = \$30 first week and \$10 each week thereafter.

ATTIRE - Students may wear gym clothes. Uniforms are available for order at class, and online

NO REFUNDS, SCHOLARSHIPS AVAILABLE ONLINE

- ◆ Help keep your kids safe!
- ◆ Program emphasizes safety awareness.
- ◆ Designed for self-defense only.
- ◆ Taught by a certified black belt.
- ◆ Beginner classes allow no physical contact.
- ◆ Beginner students progress to yellow belts.
- ◆ Returning students advance to higher belt levels.
- ◆ Goal orientation allows students to earn certificates and medals.