



# SUMMER CLASSES



- AGES 4 to 15 HAVE FUN!
- AFFORDABLE – ONLY \$10 PER LESSON
- OPTION TO PAY WEEKLY

**Starts Saturday, June 7, 2025 - 10 Week Program**  
**Y.H. Thomas Community Center:**  
**1300 Thomas St. Hampton, VA 23669**

**CLASS TIMES:** **Self-Defense**  
**9:30 - 10:10 AM** **Ages 6 to 12**

**Let's Kick!**



**Let's Dance!**

**CLASS TIMES:** **Dance**  
**10:15 - 10:55 AM** **Ages 4 to 6**  
**11:00 - 11:40 AM** **Ages 7 and Up**



**CLASS TIMES:** **Cheer**  
**11:45 - 12:25 PM** **Ages 4-6**  
**12:30 - 1:10 PM** **Ages 7-10**  
**1:15 - 1:55 PM** **Ages 11-15**

**Let's Cheer!**



**For additional information:**  
**Web: [www.aimusainc.com](http://www.aimusainc.com)**  
**Phone: 804-372-3331**

**To Register**  
**Scan Me!**

**New students accepted the first three weeks of class. if space permits.**

**Tryout details available online**

**REGISTRATION – Visit [www.aimusainc.com](http://www.aimusainc.com).**

**(All registrations must be completed online prior to attending)**

**PAYMENT OPTIONS – PAY IN FULL 10 WEEKS = \$115 (Save \$5)**

**PAY BY THE WEEK = \$20 registration fee + \$10 class fee = \$30 first week**  
**and \$10 each week thereafter.**

**ATTIRE – Students may wear gym clothes. Uniforms are available to order online.**

*These materials, and activities are not sponsored or endorsed by the Hampton School Board*

- ♦ **Build Self-Confidence and Self Esteem**
- ♦ **Improve Physical Fitness**
- ♦ **Learn Cheers, Chants, Jumps, Leaps**
- ♦ **Learn Pom Pom Routines**
- ♦ **Prepare for School Tryouts**

**PLEASE NOTE** - If schools are closed due to weather or holidays, class/registration will also be closed and will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations and weekly check-in receive a 50% discount on class fees. **NO REFUNDS** Please see or contact the instructor prior to class for more information. Questions? Visit us at [WWW.AIMUSAINC.COM](http://WWW.AIMUSAINC.COM). Scholarships available online.