

AFFORDABLE SAFETY AWARENESS & SELF DEFENSE CLASSES

New classes starting Monday - September 30, 2019

- **Help keep your kids safe!**
- **Program emphasizes safety awareness**
- **Designed for self-defense purposes only.**
- **Taught by a certified black belt**
- **Beginner classes allow no physical contact.**
- **Beginner students progress to yellow belts.**
- **Returning students advance to higher belt levels.**
- **Goal orientation allows students to earn certificates and medals.**

**Class Location - Kempsville Elementary School
570 Kempsville Rd., Virginia Beach, VA 23464**

Registration dates are 09/30/2019, 10/07/2019 and 10/14/2019
New students accepted through the third week of classes.



Questions?
Visit us online at:
www.aimusainc.com
or call
804-372-3331

**BUILDS SELF-CONFIDENCE
DEVELOPS SKILLS FOR
SELF-DEFENSE
DEVELOPS
SELF-DISCIPLINE
CONTROL AGGRESSIVE
BEHAVIORS**

Classes meet once a week for 14 weeks.

Classes Times: Mondays

Classes Times: Please arrive 15 minutes early.

6:30 – 7:10 PM	Beginners	Ages 4-8
7:15 – 7:55 PM	Beginners	Ages 9 - up
8:00 – 8:40 PM	Yellow Belts & higher	Ages 11- up

REGISTER - online www.aimusainc.com

PAYMENT OPTIONS -

PAY IN FULL 14 WEEKS = \$129
(saves \$5 on registration fee)

PAY BY THE WEEK = \$22 registration fee + \$8 class fee = \$30 first week and \$8 each week after.

ATTIRE - Students may wear gym clothes. Uniforms are available for order at class.

PLEASE NOTE - If schools are closed due to weather or holidays, class/registration will also be closed and will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations and weekly check-in receive a 50% discount on class fees. No Refunds. Please see the instructor the night of registration for more information.

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AIM USA is publicly supported non-profit organization #54-1831343

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