AFFORDABLE AIM SAFETY AWARENESS & SELF – DEFENSE PROGRAM

BUILDS SELF-CONFIDENCE   **FUN AND AFFORDABLE**

Does your child know how to defend his or herself? This exciting and valuable program emphasizes **safety awareness** and is designed for **self-defense** purposes only. **Self-discipline** is promoted rather than aggression. A **certified black belt** instructs the children to avoid dangerous situations, how to walk away from fights and when necessary how to defend themselves. Beginner classes allow no physical contact. Beginner students progress to yellow belts. Returning students advance to higher belt levels. Goal orientation allows students to earn **certificates and medals**.

Classes meet once a week for 9 weeks. New students accepted through the THIRD week of classes.
PRE-REGISTER ONLINE BY JUNE 5th

New classes starting Friday, June 8, 2018
Located at Lakeside United Methodist Church
2333 Hillard Rd.   Richmond, VA 23228

Class Times – Fridays

Time	Level	Ages
6:45 – 7:25 PM	**Beginners**	**Ages 4-15**
7:30 – 8:10 PM	**Yellow Belts**	**Ages 4-15**
8:15 – 8:55 PM	**Orange & Above**	**Ages 8-15**

NO CLASSES 07/13
Class times may be adjusted or combined depending on registration numbers

REGISTRATION – 0nline www.aimusainc.com
Can't make the first day? New students accepted through the second week of classes

PAYMENT OPTIONS: PAY IN FULL 9 WEEKS $89

SIGN UP TODAY! SPACE IS LIMITED AND CLASSES FILL UP QUICKLY!

ATTIRE – Students may wear gym clothes. Uniforms are available for order at class.

PLEASE NOTE – New students are accepted through the third week of classes.   Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations and weekly check-in receive a 50% discount on class fees. Please see the instructor the night of registration for more information. Questions? Visit us at www.aimusainc.com or call 804-372-3331 or email: infoaimusa@gmail.com

AIM USA is publicly supported non-profit organization #54-1831343