



## OLD 100 SELF-DEFENSE CLASS CALENDAR SPRING 2025

### Class Times:

6:30-7:10pm Beginners

ages 5-15

7:15-7:55pm Yellow Belts

ages 5-15

8:00-8:40pm Orange Belts & above

Old 100 Self-Defense - Mondays

Class #1	02/03/2025
Class #2	02/10/2025
NO CLASS	02/17/2025
Class #3	02/24/2025
Class #4	03/03/2025
Class #5	03/10/2025
Class #6	03/17/2025
Class #7	03/24/2025
NO CLASS	03/31/2025
Class #8	04/07/2025
Class #9	04/14/2025
Class #10	04/21/2025
Class #11	04/28/2025
Class #12	05/05/2025
Tournament date to be announced	