



KEMPSVILLE ELEMENTARY SCHOOL  
SELF-DEFENSE  
CLASS CALENDAR SPRING 2025

Class Times:

- 5:40-6:25pm White Belts Beginners (ages 5-7)
- 6:30-7:10pm White Belts Beginners (ages 8-15)
- 7:15-7:55pm Yellow Belts and Above (all ages)
- 8:00-8:40pm Orange Belts and Above (all ages)

Kempsville Elementary School - Mondays

Class #1	03/17/2025
NO CLASS	03/24/2025
Class #2	03/31/2025
Class #3	04/07/2025
NO CLASS	04/14/2025
NO CLASS	04/21/2025
Class #4	04/28/2025
Class #5	05/05/2025
Class #6	05/12/2025
Tournament date to be announced	