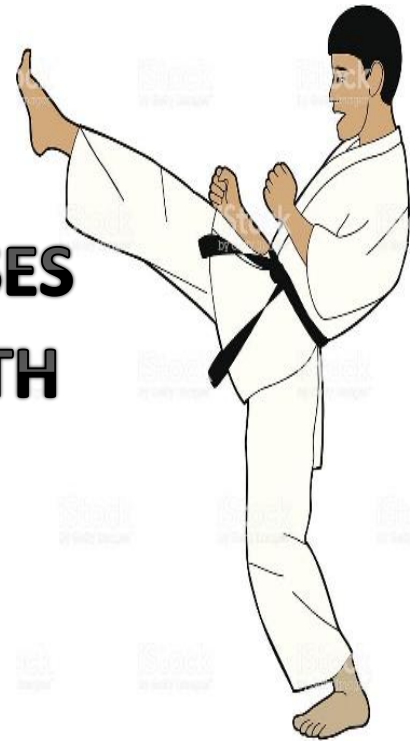




AFFORDABLE AIM USA SAFETY AWARENESS AND SELF DEFENSE CLASSES STARTING FEBRUARY 24TH



BUILD SELF-CONFIDENCE
DEVELOP SKILLS FOR SELF-DEFENSE

AGES 5 & UP HAVE FUN!
ONLY \$8 PER LESSON
OPTION TO PAY WEEKLY

New classes starting Monday, February 24, 2020

- Help keep your kids safe!
- Program emphasizes **safety awareness**
- Designed for **self-defense** purposes only.
- Taught by a **certified black belt**
- Beginner classes allow no physical contact.
- Beginner students progress to yellow belts.
- Returning students advance to higher belt levels.
- Goal orientation allows students to earn **certificates and medals**.

New students accepted through the third week of classes.

Registration dates are 02/24/2020, 03/02/2020 and 03/09/2020

Located at the Kempsville Elementary 570 Kempsville Rd., Virginia Beach, VA 23464

Classes meet once a week for 13 weeks.

Classes Times: Monday

Please arrive 15 minutes early.

6:30 – 7:10 PM White Belts Ages 4 - 8

7:15 – 7:55 PM White Belts Ages 9 - up

8:00 – 8:40 PM Yellow Belts & higher - Ages 16 -up

REGISTER - online www.aimusainc.com

PAYMENT OPTIONS -

**PAY IN FULL 13 WEEKS = \$121
(saves \$5 on registration fee)**

**PAY BY THE WEEK = \$22 registration fee + \$8
class fee = \$30 first week and \$8 each week
after.**

**ATTIRE - Students may wear gym clothes. Uniforms
are available for order at class.**

CHEER PROGRAM ON BACK

PLEASE NOTE – PLEASE NOTE - If schools are closed due to weather or holidays, class/registration will also be closed and will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations and weekly check-in receive a 50% discount on class fees. Each session there are a limited number of scholarships available for those that qualify. **NO REFUNDS!** Please see the instructor the night of registration for more information. Questions? Visit us at www.aimusainc.com or call 804-372-3331. Follow AIM USA on Facebook: <https://www.facebook.com/groups/VirginiaBeachSD/>.

AIM USA is a publicly supported non-profit organization #54-1831343

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