

AFFORDABLE AIM USA SAFETY AWARENESS AND SELF DEFENSE CLASSES STARTING SOON!

New classes starting Wednesday October 2, 2019

- Help keep your kids safe!
- Program emphasizes safety awareness
- Designed for self-defense purposes only.
- Taught by a certified black belt
- Beginner classes allow no physical contact.
- Beginner students progress to yellow belts.
- Returning students advance to higher belt levels.
- Goal orientation allows students to earn certificates and medals.



New students accepted through the third week of classes.

Registration dates: 10/02/2019, 10/09/2019, 10/16/2019

Located at the Waynesboro Senior Center 325 Pine Ave. Waynesboro, VA 22980

Classes meet once a week for 14 weeks.

Classes Times: Wednesdays

Classes Times: Please arrive 15 minutes early.

6:30 – 7:10 PM White Belts - Ages 5-up

7:15 – 7:55 PM Yellow Belts & Above

**8:00 – 8:45 PM Adult Classes - Ages 16 & above
(Adults and children may attend together)**

REGISTER - online www.aimusainc.com

PAYMENT OPTIONS –

PAY IN FULL 14 WEEKS = \$129

(saves \$5 on registration fee)

PAY BY THE WEEK = \$22 registration fee + \$8 class fee =
\$30 first week and \$8 each week after.

ATTIRE – Students may wear gym clothes. Uniforms are available
for order at class.



Questions?

Visit us at

www.aimusainc.com

or call 804-372-3331

**DEVELOP SKILLS
FOR SELF-DEFENSE
DEVELOP
SELF-DISCIPLINE
LEARN TO DEAL
WITH AGGRESSIVE
BEHAVIORS**

PLEASE NOTE – If schools are closed due to weather or holidays, class/registration will also be closed and will continue the following week. Times are subject to change determined by the number of students. Perfect attendance is rewarded and missed lessons may be made up. Parents helping with registrations and weekly check-in receive a 50% discount on class fees. No refunds! Please see the instructor the night of registration for more information.

These materials and the activity described herein, are not sponsored or endorsed by Waynesboro Public Schools, Augusta County Public Schools or Staunton Public Schools.

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LEARN
SC
CONTROL**