



WAYNESBORO SELF-DEFENSE
CLASS CALENDAR Fall 2023

Class Times:

6:30-7:10pm White Belts ages 5-up
7:15-7:55pm Yellow Belts & above

Questions Contact Sensei Roy
434-989-0257
aimusaeastcoast@gmail.com (office)

Waynesboro Self-Defense – Wednesdays

Class #1	08/23/2023
Class #2	08/30/2023
Class #3	09/06/2023
Class #4	09/13/2023
Class #5	09/20/2023
NO CLASS	09/27/2023 – Sensei’s fishing trip
Class #6	10/04/2023
Class #7	10/11/2023
Class #8	10/18/2023
Class #9	10/25/2023
Class #10	11/01/2023
Class #11	11/08/2023
Class #12	11/15/2023 - TESTING
Class #13	11/29/2023- Make Up TESTING
Class #14	12/06/2023 – LAST CLASS OF SESSION
Class #15	Make up day if needed

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