



AIM USA SELF-DEFENSE SKILLS IMPROVEMENT WORKSHOP



This workshop will review requirements and refine skills needed for belt advancement. There will be extra training and emphasis on sparring and forms techniques and Tournament requirements. This will be a fun class for our existing students only.

A special patch for this workshop will be awarded to all attendees.

DON'T LOSE YOUR PROGRESS OVER THE SUMMER!

Register NOW before Spring session ends.

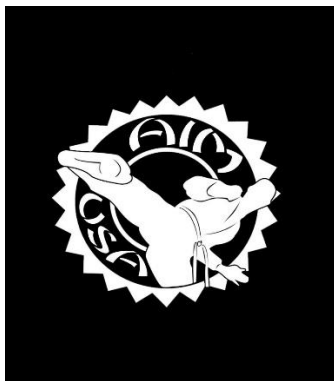
Registration Deadline is June 26th

Classes start July 10th

Located at the Waynesboro Senior Center

325 Pine Ave.

Waynesboro, VA 22980



Classes Times: Wednesdays

6:30 – 7:10 PM Yellow Belts

7:15 – 7:55 PM Orange Belts & Above

8:00 – 8:45 PM Adult Classes

REGISTRATION – at class, please pay in full at time of registration!

YOU MAY ALSO REGISTER ONLINE AT www.aimusainc.com

COST for the 10 week session is \$100

Due to the nature of this class there will be no belt advancement but you will have a head start on the Fall session.