



# ★ AIM USA ★ Youth Programs



**Ages 4+ | 10-12**  
**Week Programs**

**BUILD CONFIDENCE!**  
**MAKE FRIENDS!**  
**STAY ACTIVE!**

**To Register,**  
**Scan Me!**

Whether your child wants to **develop teamwork skills with cheer**, learning routines, jumps, and stunts; **grow rhythm and coordination with dance**, refining footwork and choreographies; or **stay safe with self-defense**, practicing spatial awareness, voice projection, and defensive techniques — there's something for everyone. Come join the fun!

## INDEPENDENCE MIDDLE

1370 Dunstan Lane, VA Beach, VA 23455

**WEDNESDAY CHEER:** 2/18 - 5/13 (no class 4/8)  
6:00-6:40pm (ages 4-6), 6:45-7:25pm (ages 7-9)

**WEDNESDAY DANCE:** 2/18 - 5/13 (no class 4/8)  
7:30-8:10pm (ages 4+)

**THURSDAY CHEER:** 3/5 - 5/14 (no class 4/9)  
6:15-6:55pm (ages 7-9), 7:05-7:45pm (ages 10+)

## HOLLAND ELEMENTARY

3340 Holland Road, VA Beach, VA 23452

**WED SELF-DEFENSE:** 2/11 - 5/6 (no class 4/8)  
6:00-6:40pm (white belts), 6:45-7:25pm (yellow belts), 7:30-8:10pm (orange belts+)

**THURSDAY CHEER:** 2/12 - 5/7 (no class 4/9)  
6:00-6:40pm (ages 4-6), 6:45-7:25 (ages 7-9),  
7:30-8:10 (ages 10+)

## PROVIDENCE ELEMENTARY

4968 Providence Road, VA Beach, VA 23464

**TUESDAY SELF-DEFENSE:**  
2/17 - 5/19 (no class 3/24 or 4/7)  
6:00-6:40pm (white belts), 6:45-7:25pm (yellow belts), 7:30-8:10pm (orange belts+)

## LINKHORN PARK ELEMENTARY

977 First Colonial Road, VA Beach, VA 23454

**TUESDAY DANCE:** 2/10 - 4/28 (no class 4/7)  
6:00-6:40pm (ages 4+)

**TUESDAY CHEER:** 2/10 - 4/28 (no class 4/7)  
6:45-7:25pm (ages 4-7), 7:30-8:10pm (ages 8+)

To register, scan the **QR CODE** or go to: [www.aimusainc.com](http://www.aimusainc.com)

Registration open through 3rd week of classes; must be completed online prior to attending.

**Weekly AutoPay** = one time \$20 registration fee + \$10 weekly class fee. **Pay in full** = Save \$5!

For calendars, scholarship opportunities and additional information visit:

[www.aimusainc.com](http://www.aimusainc.com) or call **804-372-3331**

Optional uniforms and accessories available at: [www.aimusainc.com](http://www.aimusainc.com)

Orders due by third week of class.

**PLEASE NOTE** - These materials and activities are not sponsored or endorsed by the Virginia Beach School Board. If schools are closed due to weather, holidays, or special events, classes/registration will be canceled and resume the following week. Class times are subject to change. **NO REFUNDS**