



# HOLLAND ELEMENTARY SCHOOL SELF DEFENSE CLASS CALENDAR FALL 2025

Wednesdays -  
6:00 - 6:40pm white belts  
6:45 - 7:25pm yellow belts  
7:30 - 8:10pm orange belts & above

Holland Elementary School  
3340 Holland Road  
Virginia Beach, VA 23452

CLASS #1	2/11/2026
CLASS #2	2/18/2026
CLASS #3	2/25/2026
CLASS #4	3/4/2026
CLASS #5	3/11/2026
CLASS #6	3/18/2026
CLASS #7	3/25/2026
CLASS #8	4/1/2026
<b>NO CLASS</b>	<b>4/8/2026</b>
CLASS #9	4/15/2026
CLASS #10	4/22/2026
<b>Belt testing</b>	
CLASS #11	4/29/2026
CLASS #12	5/6/2026