



# AIM USA Youth Programs: Cheerleading, Dance and Self-Defense!



**Ages 4+ | 12-Week  
Program**

**Build confidence, make  
friends, and stay active!**

**Scan me to  
Register!**

Whether your child wants to **develop teamwork skills with cheer**, learning routines, jumps, and stunts; **grow rhythm and coordination with dance**, refining footwork and choreographies; or **learn to stay safe with our self-defense program**, practicing spatial awareness, voice projection, and defensive techniques — there's something for everyone. Come join the fun!

**LOCATION:** Hollymead Elementary - Cafeteria    **DATES:** Every Tuesday Beginning 2/24  
2775 Powell Creek Dr, Charlottesville, VA 22911 to 5/19 (no class 4/7)



## **DANCE:**

**6:45-7:25pm (ages 4+)**

## **CHEER:**

**7:30-8:10pm (ages 6+)**

## **SELF-DEFENSE:**

**8:15-8:55pm (ages 7+)**



To register, scan the **QR CODE** or go to: [www.aimusainc.com](http://www.aimusainc.com)

Registration open through 3<sup>rd</sup> week of classes; must be completed online prior to attending.

**Weekly AutoPay** = one time \$20 registration fee + \$10 weekly class fee (\$140 total).

**Pay in Full, Save \$5!** = one time \$15 registration fee + \$120 class fee upfront (\$135 total).

For calendars, **scholarship opportunities** and additional information visit:

[www.aimusainc.com](http://www.aimusainc.com) or call **804-372-3331**

Optional uniforms and accessories available at: [www.aimusainc.com](http://www.aimusainc.com)

Orders due by third week of class.

**PLEASE NOTE** - If the school is closed due to weather, holidays, or special events, class will be canceled and resume the following week. Dates and times are subject to change. Co-Sponsored by Albemarle County Parks & Recreation. These materials and activities are not sponsored or endorsed by the Albemarle School Board. **NO REFUNDS.**